

# IRISH STEW



**Count:** 32      **Wall:** 4      **Level:** beginner/intermediate  
**Choreographer:** Lois Lightfoot  
**Music:** Irish Stew by Sham Rock

## SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

1&      Touch right toe to side, step right together  
 2&      Touch left toe to side, step left together  
 3&4      Touch right toe to side, clap, clap  
 5&      Touch right heel forward, step right together  
 6&      Touch left heel forward, step left together  
 7&8      Touch right heel forward, clap, clap

## SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½

1&2      Step right forward, step left together, step right forward  
 3-4      Rock left forward, recover onto right  
 5&6      Step left back, step right together, step left forward  
 7-8      Step right forward, turn ½ left (weight to left)

## RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE

1-2      Cross/rock right over left, recover onto left  
 3&4      Step right to side, step left together, step right to side  
 5-6      Cross/rock left over right, recover onto right  
 7&8      Step left to side, step right together, step left to side

## TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT

1-2      Touch right toe forward, touch right toe to side  
 3&4      Cross right behind left, step left to side, step right to side  
 5-6      Touch left toe forward, touch left toe to side  
 7&8      Cross left behind right, turn ¼ left and step right to side, step left to side

## REPEAT